

Moving about when reading keeps kids turning the page!

Does your child struggle to sit long enough to read their reader? Moving about when reading can keep kids turning the page. Here are a few ideas to try:

- Use physical activity between pages - try doing 10 star jumps every time you turn the page!
- Play “Simon Says” (doing just one activity between each page).
- ‘Race’ up the hallway or see how fast your child can do start jumps at the end of each page.
- Before you begin reading, agree upon a reward for finishing the book.
- Read while hanging on the monkey bars or while they are hanging over the back of the couch.
- Build a fort, snuggle up and read together.
- Ask your child to turn the pages - this way they can set the pace.
- Talk about the pictures as you turn each page so you can enjoy the story instead of focusing on the reading.
- Invent funny voices for each of the characters. Turn the words into a funny tune and don’t be afraid to use different sound effects to keep your child engaged.

For more ideas on how you can use moving to help your child learn, [visit our sensory pages](#).

Need more help? Call us today on 1800 KIDSENSE.

Contact us today to make an initial enquiry or book an assessment for your child

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