

Videos

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Postural control and sensory diet activities

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OT engine check

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Postural control and sensory diet activities

Just like we need to eat regularly throughout the day and maintain a healthy diet,

we also need regular sensory input to maintain an appropriate alertness level to focus and concentrate. Our Occupational Therapists call this a sensory diet. Our video here is a little resource to give you some ideas on some sensory diet activities while also working on postural control.

Hula Hoop Sensory Diet Activities

Sometimes it can be hard to think on the spot for some sensory diet activities to help a child with their sensory processing disorder. So our Occupational Therapists at Kid Sense have put together activities that you can do with a hoop.

OT engine check

The Occupational Therapy team identify how their engines are running.

Find 10 fun ways to use Mr Potato Head to teach different speech and language skills with your child.

Mr Potato Head

Find 10 fun ways to use Mr Potato Head to teach different speech and language skills with your child.

Help your child to improve their listening and learning skills by developing eye contact using some of these simple play-based activities.

Eye Contact

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Discover some fun and easy ways to practise turn-taking with your child at home.

Turn Taking

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Joint Attention

Joint attention should be well established by the age of 18 months. It is an important skills in the development of a toddler. It is a foundation skill for social referencing as well as cognitive and language development. This video will give you some tips on how to work on this with your child.

Tips and tricks to building your child up to draw a person. Watch this video for a [step by step guide](#)

Drawing a person

Tips and tricks to building your child up to draw a person. Watch this video for a [step by step guide](#)

Mastering the pre writing shapes such as squares and triangles are important in a childs development. This is a foundation to being able to write, though the planning and sequencing of knowing how to

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Drawing a triangle with Kids

Mastering the pre writing shapes such as squares and triangles are important in a child's development. This is a foundation to being able to write, though the planning and sequencing of knowing how to do this can be a little tricky for some kids.

Occupational Therapy, more commonly associated with assisting the elderly or equipment prescription after an accident or injury, is a little known gold mine of help for children. This workshop provide

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1. Occupational Therapy for Children (Workshop Summary)

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This workshop provides parents and professionals with an understanding of how each of the different sensory systems function and the impact they can have upon a child's ability to successfully par

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2. Making Sense of Sensory Intergration (Workshop Summary)

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This workshop provides parents and professionals with an appreciation of the multiple underlying skills required for co-ordination and some activities to overcome clumsiness and improve co-ordination.

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5. Developing Control in Coordination (Workshop Summary)

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The summary of the lecture on organisation.

6. Organisation (Workshop Summary)

The summary of the lecture on organisation.

This is a summary of the lecture on visual cues.

7. Visual Cues

This is a summary of the lecture on visual cues.

1. Occupational Therapy for Children (Workshop Summary)

Occupational Therapy, more commonly associated with assisting the elderly or equipment prescription after an accident or injury, is a little known gold mine of help for children. This workshop provides parents and professionals with an understanding of the skills that occupational therapy can assist children with, focusing particularly upon play, social, attention and academic skill development in the home, child care, kindergarten and school setting.

This is a 10 minute summary.

2. Making Sense of Sensory Intergration (Workshop Summary)

This workshop provides parents and professionals with an understanding of how each of the different sensory systems function and the impact they can have upon a child's ability to successfully participate in everyday activities and how children with sensory inefficiencies can be identified.

This workshop provides the grounding for managing attention difficulties using sensory strategies as explored in the "Getting Control of your engine" workshop.

The ability to process sensory information assists in building the foundation for the following:

Development of co-ordination - we use information from our senses to judge the timing of our movements and the force that we apply.

Social skills - to effectively interact with others we must read their verbal and non-verbal signals accurately and adjust our responses accordingly.

Ability to pay attention - which is an integral part of being able to learn, as we need to select what is important to pay attention to and what is not.

3. Getting Control of Your Engine (Workshop Summary)

This workshop provides parents and professionals with an understanding of some factors that can contribute to attention and concentration difficulties which may occur as the result of, or in conjunction with, language difficulties, learning difficulties and developmental delays. This workshop relies upon the knowledge shared in Making Sense of Sensory Integration which examines the role that that sensory awareness can have upon attention and learning

4. Sharpening up on Pencil Skills (Workshop Summary)

Pencil skills, and particularly handwriting, is a more complex skill than we often realise. A child's ability to colour within the lines, trace over a shape and draw simple pictures forms the building blocks for writing letters and words. Mastery of these skills enables children to focus on the content of their writing rather than the mechanics of pencil control, pencil grasp, speed and movement. However, given society's emphasis on, and haste to commence, 'academics' earlier now than ever before, we sometimes overlook the vital role these seemingly basic skills play in developing writing skills. Yet we expect children to demonstrate their knowledge on paper in order to assess their academic abilities.

This workshop provides parents and professionals with an awareness of when a child is struggling to master pencil skills (even as early as Kindergarten), as well as some easy strategies to overcome these difficulties.

This is a sample of the workshop.

5. Developing Control in Coordination (Workshop Summary)

This workshop provides parents and professionals with an appreciation of the multiple underlying skills required for co-ordination and some activities to overcome clumsiness and improve co-ordination.

For many of us, catching a ball, riding a bike and climbing the stairs comes easily and without conscious thought. As the term implies, co-ordination involves bringing together many skills. Individuals with typical co-ordination often don't realise the number of skills that we rely upon to come together all at the same time, to support our 'co-ordination' including:

Body awareness (knowing where our feet are without looking at them)

Strong muscles (to allow us to hold a position, e.g. upright trunk to kick a ball or arms up to shoot a ball into the basket)

Timing and sequencing of movements (to catch the ball before it hits you in the

face)

6. Organisation (Workshop Summary)

The summary of the lecture on organisation.

7. Visual Cues

This is a summary of the lecture on visual cues.

Hear from one of our Occupational Therapists about their experiences joining the Kid Sense team. Ellen discusses the training process, culture, treatment resources and professional development.

Staff Endorsement Occupational Therapy

Hear from one of our Occupational Therapists about their experiences joining the Kid Sense team. Ellen discusses the training process, culture, treatment resources and professional development.

Hear first hand from our clinical director of Speech Pathology about working at Kid Sense. Discover some reasons why our staff love working at Kid Sense

Working At Kid Sense

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2017 South Australian Telstra Business Awards acceptance speech by Joanna Buttfield, Founder and Clinical Director of Kid Sense Child Development. Kid Sense is a provider of private Occupational Thera

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This video will give you a perspective on what it is like to work as an Occupational Therapist or Speech Pathologist at Kid Sense. Have a look at all of the positive initiatives we have in place.

Why join Kid Sense

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Hear how one of our Occupational Therapists have found the Kid Sense experience, from an employees perspective.

Staff endorsement Occupational Therapy

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One of our Speech Therapists speaks about her experience entering the Kid Sense team.

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South Australian Telstra Business Awards acceptance speech

2017 South Australian Telstra Business Awards acceptance speech by Joanna Buttfield, Founder and Clinical Director of Kid Sense Child Development. Kid Sense is a provider of private Occupational Therapy and Speech Pathology for children aged 0-18 years.

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NDIS Provider Profile

Kid Sense was showcased by the NDIA, as a service provider for the NDIS. Watch this video to see the difference the NDIS has made to Kid Sense and our clients.

Contact us today to make an initial enquiry or book an assessment for your child
on 1800 KID SENSE (1800 543 736)

