# Occupational Therapy Speech Pathology



Helping Children Overcome
Developmental Challenges in
Movement, Play, Speech, Language,
Learning & Behaviour since 1998.

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Founded by Joanna Buttfield, Kid Sense Child Development is a private provider of multidisciplinary Paediatric Allied Health services for children aged from birth to 18 years.

Kid Sense helps children develop the skills to overcome physical and cognitive developmental challenges and learning frustrations that can otherwise prevent them from functioning optimally, independently and confidently in all age appropriate settings.

Operating from a purpose-designed Child Development Centre in Unley, South Australia, Kid Sense brings together a highly experienced and qualified team of multi-disciplinary Occupational Therapy and Speech Pathology professionals.

Working closely with other medical and allied health professionals and school and pre-school educators, we assess, identify and treat the underlying developmental issues that hinder a child reaching their developmental potential.



Our collaborative team-based approach provides greater clarity, assistance and advice for parents, grandparents, carers and educators to help.

Having worked with thousands of children and their families over the years, our team members are not just experienced professionals in their respective fields: each is highly qualified and is an accredited member of their professional body. In addition, all staff members have current police clearances and hold valid First Aid Certificates.









#### What We Do

Kid Sense's focus is on:

- Finding and overcoming the root causes of a child's developmental challenges.
- 'See life through the child's eyes', as well as educate them to 'own the solutions'.
- Teaming with other medical and allied health professional as appropriate.

#### **Our Services**

Working closely with medical and allied health professionals and school and pre-school educators, the child development services that Kid Sense offers through its team of Paediatric professionals include:

- Occupational Therapy
- Speech Pathology
- Appropriate referral to Physiotherapy and Psychology
- Extensive website
- Free on-line self-assessments
- Professional Development workshops (on and off site)
- Assessment and Reporting
- Consulting to overcoming identified challenges
- Regular skill reviews
- Servicing of all Medicare, FaHCSIA and Better Start programs
- **HICAPS & EFTPOS**

Kid Sense also offers a series of Workshops designed to help parents and carers better understand their child and the specific developmental challenges they might be experiencing.

In addition, we can provide Training & Development Courses for students, educators, medical and allied health professionals seeking to enhance their professional skills and Paediatric knowledge. Hosted at Kid Sense Child Development Centre or presented at the client's premises, courses can be tailored to meet the specific needs of schools, kindergardens, professional associations or government organisations.

#### Where We Can Help

- A.D.D. / A.D.H.D.
- Articulation
- Aspergers Syndrome
- Attention and Listening
- Autism Spectrum Disorder (ASD)
- Balance and Coordination
- Behaviour
- Cleft Lip and/or Palate
- Developmental Delay
- Developmental Coordination Disorder (DCD)
- Dysgraphia
- Dyslexia
- Dyspraxia
- Expressive Language
- Fine Motor Skills
- Fluency
- Gross Motor Skills
- Hand Dexterity
- Handwriting
- Hearing Impairment
- Language Delay
- Language Disorder
- Learning Difficulties
- Low Muscle Tone
- Organisation and Planning Skills
- Phonological Awareness
- Play/Social Skills
- Pragmatics
- Pre-language Skills
- Preschool Pencil Skills
- Pronunciation and Talking
- Reading and Writing
- Receptive Language Saying Sounds
- Selective Mutism
- Self-Management Skills
- Sensory Processing/Integration
- Social Communication Sound Awareness
- Speech Sounds
- Stuttering
- Talking Fluency
- Talking Readiness
- Understanding Language
- Using Words and Language
- Visual Processing
- Voice
- Voice Disorder

### Why Choose Kid Sense Child Development?

Features	Benefits
Long-established Provider	Founded in 1998, Kid Sense is South Australia's longest established specialist paediatric Occupational Therapy practice operating under continuous private ownership.
Minimum Waiting-lists	A full-time team of 5 clinicians, 250 available appointment times per week and efficient administrative systems means minimal to no waiting times for assessment and treatment. Clients are encouraged but not required to reserve future appointment times that best suit their busy schedule. Parents receive a complimentary SMS appointment reminder service the day before every scheduled appointment.
Multi-disciplinary Team	Kid Sense offers a 'one-stop' approach to multi-disciplinary care through an integrated team of paediatric Occupational Therapists and Speech Pathologists, as well as appropriate referral to 'best-fit' Psychologists and Physiotherapists.
Experienced Staff	The Kid Sense team of paediatrics professionals has over 45 years combined clinical experience and over 40 years combined business experience. All clinical staff members are full-time, registered with their professional body, have Police Clearance and First Aid Certificates.
Quality of Care	A policy of 'Continuity of Care' ensures that the therapist who assesses your child is the therapist who provides your child with on-going care. A fully computerised, 'low paper' working environment with a high degree of systemisation supports the clinical staff and ensures a consistently high-quality standard of service.
Personalised Reports and Home Programs	An Assessment Findings Report is provided after the Short (45 minute) assessment and a Comprehensive Assessment Report is provided after the Long (90 minute) assessment. Printed and personalised home program recommendations are provided after each treatment session to support a wider team approach and to encourage the consistent use of appropriate strategies at home and school, kindergarten or child care.
Team-based Approach	Where parental consent is provided, the treating therapist will liaise by phone or email with the child's teacher, carer and/or other health professional(s) to encourage a team-based approach to the child's care.
Services all Medicare and FaHCSIA programs and Private Health Insurance Claims	Kid Sense is an approved provider to the FaHCSIA Helping Children with Autism program. "On the spot" processing of Private Health fund claims is facilitated through HICAPS.
Resource Provision under FaHCSIA and Better Start Funding	Clinical staff will work with parents to recommend, specify and acquire appropriate resources through the use of FaHCSIA and Better Start funding.
Regular Workshops (On and off-site)	The Kid Sense team delivers a range of professional development and educational workshops for teachers, parents and carers to help adults understand the world through 'the child's eyes' and to learn how to help children.
Large, Purpose-designed Centre	Located in Unley, Kid Sense operates from South Australia's largest privately-owned, purpose-designed Child Development Centre and Sensory Clinic with 14 car parks offering safe and convenient on-site parking.
Family-friendly Waiting Lounge	A comfortable guest lounge, with a well-equipped play room for children, is provided and offers parents and carers freshly roasted bean coffee, a selection of fine teas and freshly chilled spring water. The daily newspaper and a selection of magazines and reading materials is also provided. Security and safety gates at all access points maximises child safety and parent's peace of mind.
Visual Cues	To support child orientation and familiarisation, all treatment rooms are coloured code, visual cues are used in each room as needed and staff is identified by a standard uniform.

### Kid Sense Client Pathway

**Identify Needs** 

#### **Identify Needs**

A parent, educator, medical or allied health professional raises a concern about one or more aspects of the child's development. Parent visits Kid Sense website for more information.

First Contact

#### **First Contact**

Parent contacts Kid Sense to discuss the issues and arrange an Assessment. (Please note a medical referral is not required).

Information

#### Information

An information package is emailed to parent containing an appointment confirmation, map to Kid Sense's location and background questionnaire to assist the treating therapist to develop a profile of the child. Parent completes on-line questionnaire prior to appointment.

**Assessment** 

#### **Assessment**

An Assessment is conducted using the appropriate tests. The duration varies according to the child's presenting issues. The findings are discussed with the parent and an 'Assessment Recommendations' summary provided at the end of the session.

Report

#### Report

An Assessment Findings Report is provided after the Short (45 minute) assessment and a Comprehensive Assessment Report is provided after the Long (90 minute) assessment. With parental consent, reports are shared with health and educational professionals also involved in the child's care.

**Treatment** 

#### Treatment

Where required, an appropriate course of treatment is planned and recommended to parents. Treatment frequency may reduce over time as improvements in skill development are made. Emphasis is placed upon parent education to manage the child's issues across environments.

**Review** 

#### Review

After a period of no active treatment, a skills review is recommended to ensure that the developmental improvements have been sustained.

Discharge

#### Discharge

When it is evident that no further treatment will be required, the child is discharged. All client information is stored electronically and indefinitely.

### Joanna Buttfield Founder and Managing Director – Clinical Services

As a mother of 2 with more than 17 years clinical experience, Joanna founded Kid Sense with a simple vision: to help children to 'be the best they can be'. Experience in medical, educational (school, kindergarten and child care) and private practice settings have served Joanna well in managing a clinical team as well as maintaining a clinical caseload. Her particular interest is in exploring the blurred boundaries where 'therapy' meets 'education' for children of all ages.



#### Renée Romeo Clinical Director – Occupational Therapy

Renée joined the Kid Sense team in 2007 after completing a Masters of Occupational Therapy, which was driven by her interest in working with children and helping people achieve. Her keen interest in physical activity and health promotion in children has seen her complete a Bachelor of Applied Science Human Movement, and has driven her wide experience in teaching children physical skills including swimming, karate, tennis and soccer. Renée has experience in working with a vast array of children and has a keen interest in the younger age group experiencing sensory processing difficulties and those with physical challenges.



### Sarah Kellie Occupational Therapist

After 4 years with the Children's Development Team in Darwin, Sarah relocated to Adelaide where she worked in a private paediatric practice for a further 2 years before joining the Kid Sense team in 2012. Sarah's experience working with a wide variety of learning difficulties and disabilities in both school and clinic settings is a great asset to the Kid Sense team, as is her interest in helping children and their families to reach their full potential.



### Rachel Stanley Clinical Director – Speech Pathology

With over 10 years experience, Rachel's interest in working with children with disabilities and special needs fuelled her early experience in the special school setting, before she undertook further educational setting experience (both special and mainstream) schooling in the UK. She returned to Australia to work in private practice before joining Kid Sense in 2011. Rachel is most interested in helping children (and their parents) discover their true potential in the art of communication.



### Sheree Tamaray Speech Pathologist

Sheree joined the Kid Sense team in 2013. She has more than 10 years experience working in private paediatric practices, hospitals and community centres and mainstream schools with special learning units for children with specific language impairment and hearing difficulties. Sheree is passionate about helping children with articulation difficulties, language delays/disorders, literacy difficulties and developing the skills of children who have specific disabilities including Autism.

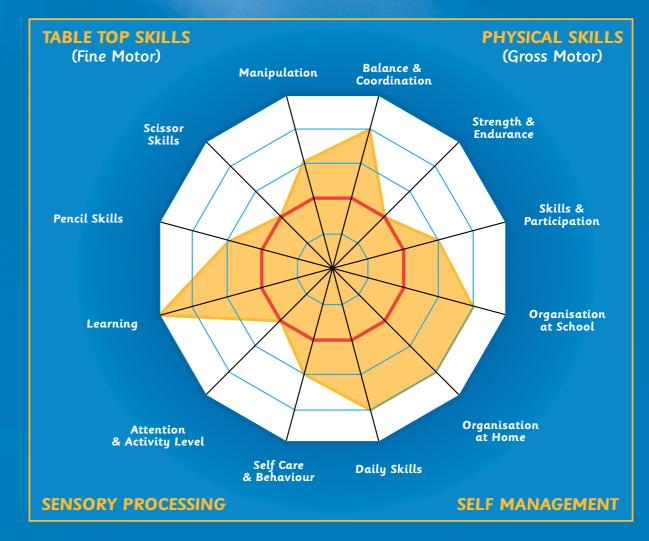


### How we can help parents and teachers

Because of our emphasis on parent and teacher education, Kid Sense offers considerable **no-cost**, **obligation-free** information for carers, as well as direct therapy to individual students. This information includes:

#### On-line self-assessments

Designed for specific age groups, self-assessments are a confidential, no-cost way for parents and teachers to explore if a child is experiencing developmental challenges. Visit www.childdevelopment.com.au to answering a series of on-line questions, to obtain results that are graphically displayed (below) giving a clear indication of the child's strengths and identifying areas of developmental concern. The visual output can be printed to become a very helpful tool in facilitating discussion between teachers and parents about perceived area(s) of difficulty, or for private parent and/or teacher review of a child's abilities.



**Interpretation:** Occupational Therapy and Speech Pathology developmental difficulties can arise in just one specific area, combinations of a few, or across all skill areas. As our aim is a balanced, well-developed child, the more areas of the pie that are shaded, the better developed the child. Areas lacking shading indicate gaps in development. Where shading only extends from the centre to the thick red line, the child is likely to benefit from an Occupational Therapy or Speech Pathology Assessment.

- Confidential no-cost, telephone consultation with a Paediatric Professional (to determine if developmental assistance would be appropriate for a child before recommending the service to parents).
- Downloadable fact sheet information and questionnaires.
- No cost eNewsletters (register on-line).
- Professional Development Workshops (on and off site).

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### **Next Steps**

- Call Kid Sense for an obligation-free discussion with a paediatric professional
- Visit our website www.childdevelopment.com.au for fact sheets
- Complete a free, on-line self assessment at our website
- No medical referral required

### **Funding Options**

- FaHCSIA
- Medicare
- Better Start
- HICAPS

1300 66 00 67

#### Kid Sense Child Development

Centre 90 Unley Road, Unley, South Australia

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